



# KENIA EYE HOSPITAL

(NABH & ISO 9001:2015 CERTIFIED HOSPITAL)



Regn. No. QAI/IN / 371

Hospital Reg. No. 887401650

MMC Reg. No. 74017

**Add:** D-102, 1<sup>st</sup> Floor, Rizvi Nagar, Corner of Milan Subway, Next to Milan Mall, S. V. Road, Santacruz (W), Mumbai- 400 054.  
**Tel. No.** 022-26138088|26120161|26144013| **Telefax:** 022-26103239  
**Web:** www.keniaeyehospital.com|**Email:** keniaeye@gmail.com

**Dr. Vaishal P. Kenia**  
**Eye Surgeon**

M.S.,D.O.M.S.,D.N.B.,I.C.O.(UK),  
 F.C.P.S.,A.F.I.H.,F.A.I.C.O.(Ref. Surgeon)

Date 28 Aug 2023 Monday

MRD- 4-6/5/2020

Name Mr. Anil Govind Ranade

Age 68 Years

Mobile - 9619405469

## CHIEF COMPLAINTS

g For IOP checkup , VFA , OCT(macula) , Dilated Evaluation

## OCULAR HISTORY

g Both Eyes Yag Capsulotomy done On 6/5/2020 @KEH

g Both Eyes H/O Cataract Surgery Done November 2017

g Both Eyes H/O Present Glasses Since 2017

## SYSTEMIC HISTORY

g H/O Hypertension 2016 under Rx

## OCULAR RX

g Both Eyes As Advised

## ALLERGY HISTORY

g Not aware of

## On Examination

PGP Old Glass Right Eye  
 VA With Glass 6/6 , -> (PH) 6/6, N6  
 IOP By NCT 9 mm Hg (11:35)  
 IOP By Appl. 14 mm Hg (12:57)  
 Pachymetry (+% ±a

## Left Eye

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 6/9 , -> (PH) 6/9, N6P with strain  
 11 mm Hg (11:35)  
 12 mm Hg (12:57)  
 ( + , ' ±a

## EXTERNAL SEGMENT

Right Eye  
 Cornea Clear  
 Ac Well Formed  
 PC IOL with Capsulotomy

Left Eye  
 Cornea Clear  
 Ac Well Formed  
 PC IOL with Capsulotomy

## FUNDUS

Right Eye  
 Media Clear  
 Disc Segmental Disc Pallor  
 Blood Vessels Attenuated Vessels  
 Cup Disc Ratio 0.6  
 Neuro Retinal Rim Segmental Disc Pallor  
 Foveal Reflex Dull  
 Macula Drusens With RPE changes  
 General Fundus Normal

Left Eye  
 Clear  
 Disc pallor  
 Attenuated Vessels  
 0.4  
 Disc pallor  
 Dull  
 Normal  
 Normal

## DIAGNOSIS

g Both Eyes Pseudophakia (PC IOL) with Capsulotomy



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- g Both Eyes Inferior Altitudinal Defect , Secondary to AION (Anterior Ischemic Optic Neuropathy)

Medication Rx	Frequency	Duration	Eye
o Dove Soap To Clean Eyelashes	Twice a day	As a routine	Both Eyes
o Warm Compresses (Lid massage)	(To close your eyes keep a warm towel over the eyes followed by Lid Massage Twice a day	As a routine	Both Eyes
o Tab. Retset (L-METHYLFOLATE, PYRIDOXAL PHOSPHATE, MECOBALAMIN)	Once a day	As a routine	--
o Tab. Envisa	Once a day	Till Next Visit	--
o Hylocan Eye Drops (Sodium Hyaluronate Eye Drops 0.18% W/v)	Four times a day	As a routine	Both Eyes
o Tab. Oxysite Plus (BILBERRY EXTRACT, PINE BARK EXTRACT, LUTEIN, ASTAXANTHIN, ZEAXANTHIN WITH ESSENTIAL VITAMINS AND MINERALS)	Once a day	As a routine	--
o Cosopt Eye Drops (Dorzolamide (2% W/v) + Timolol (0.5%))	Twice a day	LifeLong	Both Eyes
o Latobest Eye Drops (LATANOPROST)	Once at night a 9pm	LifeLong	Both Eyes

## INVESTIGATION & ADVISE

- g Both Eyes VFA Shows Inferior Altitudinal defect
- g Both Eyes OCT (ONA) Shows - RNFL Thinning +
- g 24 hours blood pressure holter monitoring To rule out Nocturnal Hypertension leading anterior Ischaemic Optic Neuropathy
- g To follow up With reports
- g NOTE: PLEASE ISSUE THE MEMO FOR BELOW MENTIONED PROCEDURES DATED 28TH NOV 2023
- g Both Eyes Auto refraction
- g Both Eyes Non contact tonometer
- g Both Eyes 90 D examination
- g Both Eyes Indirect Ophthalmoscopy
- g Both Eyes Refraction
- g Note: Patient has been refracted by Optometrist Purnima Dedhia
- g Explained By



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## PROCEDURE DONE

- g Both Eyes BIOP RE-13.1 mm of Hg ,LE-12 mm of Hg
- g Blood Pressure 130/78mm of Hg, Pulse- 82bpm

TO FOLLOUW-UP AFTER 3 Month(s)

Dr. Vaishal Kenia  
Reg. No.: 74017  
M.S., D.O.M.S.,D.N.B.,F.C.P.S., I.C.O.(UK)

- g *Note: The personal information & history provided to the hospital and its doctor is to best of my knowledge. Any discrepancy in the data provided to the hospital by the patient, the hospital will not be responsible for any data discrepancy and is indemnified from any consequences due to it.*

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